



RIPPLES: SHIFTING REALITIES IN THE ARCTIC AND THE NORTH: A CHILDREN'S EXHIBITION

AGE 6 - 12 YEARS OLD

Activity guide for children

Some activities will take place in the art exhibition, and others in the children's library. All materials are provided by the library. Please ask the staff at the library desk for assistance.

* FREE EXHIBITION AND ACTIVITIES

10AM - 5PM | FEBRUARY 6 - APRIL 26

Artworks and activities in the exhibitions



Þorvarður Árnason



The artist **Þorvarður Árnason** studies changes in **Vatnajökull, the biggest glacier in Europe**. He looks at how the ice changes, how its shapes shift when the glacier moves and melts. He also shows the many different colors that appear at different times of the year. Explore the exhibition and discover all the different shapes and colors hidden in the glaciers.

Now it's your turn!

In the exhibition space: Glacier moves very slowly, can you: walk as slowly as a glacier? Then freeze like ice? And finally, melt like a glacier?

In the children's exhibition: Pick the colors you saw and draw on the paper roll on the wall. Add your own shapes and colors to the ice shell and help us fill the exhibition! **(This activity can be done in the children's library, all materials will be provided at the library desk).**

Britta Marakatt-Labba



Britta Marakatt-Labba is Sami, and her family are **reindeer herders**. Many herding families **live in tents for part of the year**. Try lying down inside the tent and imagine what it would be like to live this way.

Britta uses **embroidery to tell stories**. Her stories are about her people, the reindeer, and nature.

Now it's your turn!

In the exhibition space: Let's play a drawing game! Can you draw below some of the animals you see in Britta's video?

In the children's exhibition: You can get a needle, thread, and a piece of fabric from the librarian and sew a story you want to share. The museum staff will find a special place for your story in the exhibition! **(This activity can be done in the children's library, all materials will be provided at the library desk).**



Artworks and activities in the exhibitions



Josefina Nelimarkka



Did you know there are many different kinds of clouds? Some clouds float high in the sky, some float in the middle, and some stay low near the ground.

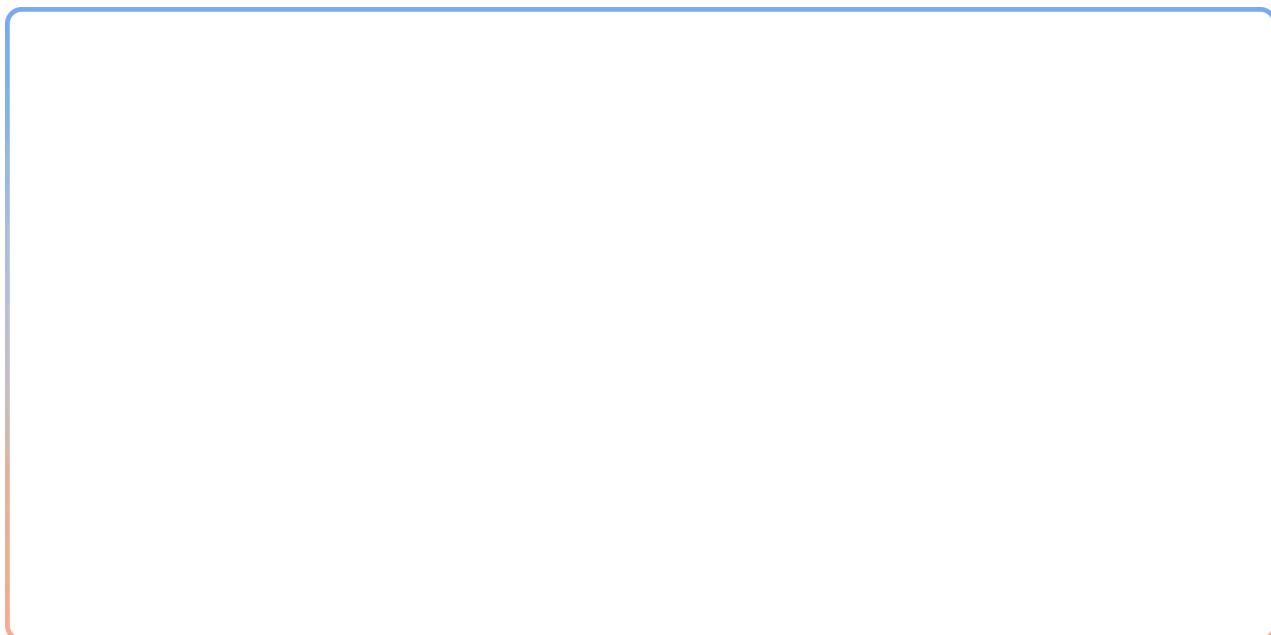
Clouds can be fluffy, stretched, thick, heavy, or thin, just like your imagination!

The artist **Josefina Nelimarkka** looks at clouds in a special way. She studies evaporation and wonders how a glacier can become a cloud. She is especially interested in the tiny particles that float in the air.

For this exhibition, she uses information about the humidity in the air collected from a measuring device on the roof of the Nordic House. She transforms this information into shapes and sound in her video work that resemble clouds in motion. Her artworks show how water and air can create different forms and appearances, just like in the sky.

Now it's your turn!

In the exhibition space: Draw below the clouds from today's weather inspired by Josefina's artwork.



In the children's exhibition: Think about the clouds you have seen, high, middle, or low, and draw your own clouds here. Then place them in the frame on the wall and help us fill the room with all possible skies! **(This activity can be done in the children's library, all materials will be provided at the library desk).**

Artworks and activities in the exhibitions

Ivínguak Stork Høegh



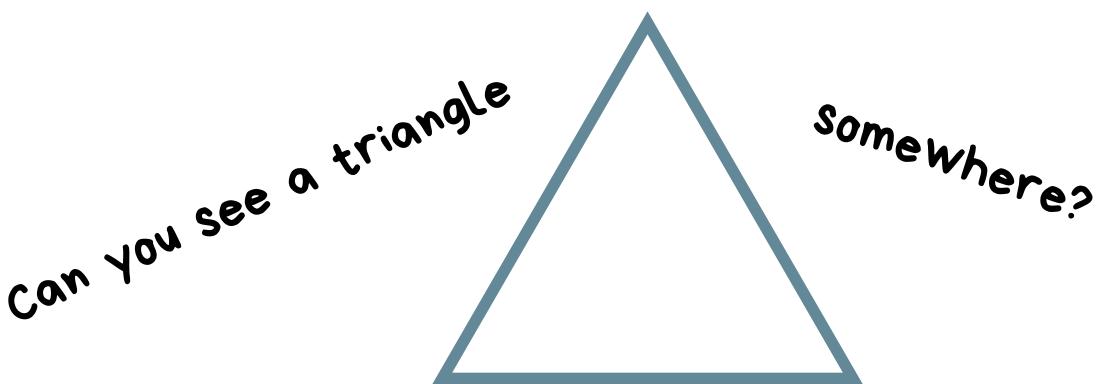
The artist **Ivínguak Stork Høegh** lives in **Greenland**. She uses **collage**, where she combines pictures, colors, and shapes to tell stories about life in Greenland. She shows animals, houses, people's experiences, and the surrounding nature.

Ivínguak wonders what will happen if all the ice melts. If glaciers and sea ice disappear, it can change living conditions for people, animals, and plants. **With her collages she imagines the future and asks: What will the world be like then?**

Now it's your turn!

In the exhibition space: How do you feel when you look at the work of Ivínguak? What seems strange, out of the ordinary in those photos?

In the children's exhibition: Create your own collage and think about changes in Iceland. What might happen if the weather, the ice, or nature changes? What kind of future do you want to see? Cut, glue, and make your own story! **(This activity can be done in the children's library, all materials will be provided at the library desk).**



If you have any questions about the brochure or the artwork, feel free to ask at the exhibition desk or the library desk - our staff will be happy to assist you. Thank you to all the artists of Ripples: Shifting Realities in the Arctic for allowing us to use their artwork in the creation of this document, and to Ásthildur Jónsdóttir, curator of the exhibition.

Workshops in Hvelfing exhibition



These two workshops take place within the Hvelfing exhibition space, in the back room of the show. If you have any questions or need additional materials, please ask the staff at the exhibition desk.

Stitch table

Add your stitch to our shared textile on the table next to the video of Bríttas works and become part of a living story. This participatory cloth invites you to embroider a small mark, symbol, or word that reflects who you are or how you feel in this moment. No experience is needed, each stitch, whether careful or spontaneous, contributes to a growing tapestry shaped by many hands. As you sew alongside others, you help transform simple fabric into a collective artwork that holds memory, connection, and care. Take a moment, choose a thread, and let your hands leave a trace of your presence.



Build Like the Past

In the past, Inuit people in Greenland built shelters known as igloos, using carefully shaped blocks of snow. These structures were designed to be strong, stable, and insulating in Arctic conditions.

Use the sugar cubes provided to construct your own building. **Experiment with stacking, balance, and form, and consider how simple units can create shelter.**

Here is a picture of
þorvarður Árnason standing inside
a glacier



Ljósmynd: Ladislav Skala

Workshops in Hvelfing exhibition

Look through the eyes

The Artist **Ivínguak' Stork Høegh** works with collage, bringing together fragments that don't usually meet.

Here, she includes a highway in Greenland - something that does not exist in the country.
A girl raises her hand: stop.

Pause.

Look through her eyes.

What do you see?

Draw it.

