

INVITATION

NORDIC DAY 23 MARCH
REYKJAVIK



Life and death in the Nordic Region – How has the pandemic affected health and life expectancy?



WHEN

23 MARCH, (GMT) 12.00-12.45

WHERE

Norræna húsið, Sæmundargata 11, 101 Reykjavík
Live streaming [here](#)

On Nordic Day, 23 March, the biannual report State of the Nordic Region will be launched with a series of events across five Nordic countries. The Icelandic event will shed light on the COVID pandemic's impact on health and demographics in the Nordic Region. The report will reveal that, perhaps surprisingly, life expectancy for both sexes increased in Iceland, Norway, Finland, Denmark and the Faroe Islands in 2020, even though the general trend across Europe was a reduction in life expectancy. However, Sweden stands out as the Nordic country with the highest excess mortality – 8% in 2020. This had an adverse effect on life expectancy, which in the same year declined by 0.7 years for males and 0.4 years for females in the country. The report will also show that, overall, there were 4% more deaths in the Nordic Region in 2020 compared to the average for 2015–2019. These and further insights from the report help us to gain a better understanding of how Nordic healthcare and healthcare co-operation fared during the pandemic. It is also important to put these figures into perspective and investigate the pandemic's effects on both mental and physical wellbeing in the Nordic countries.

PANEL DISCUSSION

The presentation will be followed by a panel discussion at which the speakers will reflect on the new insights.

KEYNOTE SPEAKERS

- Dr. Nora Sanchez Gassen, Senior Research Fellow, Nordregio
- Niviaq Korneliussen, winner of the Nordic Council Literature Prize 2021
- Guðmundur Ingi Guðbrandsson, Icelandic Minister for Nordic Co-operation

PANEL

- Ragnar Freyr Ingvarsson, former senior physician for the COVID outpatient department at the National University Hospital of Iceland
- Isabel Alejandra Diaz, Student Council President at the University of Iceland
- Eva Lindh, Chairman of the Nordic Council's Committee for Welfare in the Nordic Region
- Dóra Guðrún Guðmundsdóttir, Division Chief at the Directorate of Health
- Eliza Reid, the First Lady of Iceland, will moderate the discussion

LUNCH AND NORDIC NETWORK 12.45-13.30



ABOUT THE REPORT

State of the Nordic Region 2022 takes a closer look at how the COVID-19 pandemic has affected the Nordic Region from three perspectives: demographics, economics and the labour market. The launch events will guide you through the report and some of its main findings. The report offers a unique, behind-the-scenes look at the world's most integrated region, comprising Denmark, Finland, Iceland, Norway, Sweden, Greenland, the Faroe Islands and Åland. State of the Nordic Region is a biannual report published and produced by Nordregio, an international research centre for regional development and planning established by the Nordic Council of Ministers.

FULL PROGRAMME: STATE OF THE NORDIC REGION (CET)

09–09:45 am **From crisis to opportunity**

10–10:45 am **Closed borders and cross-border labour**

11–11:45 am **COVID-19 and the Nordic labour market**

12–12:45 pm **The pandemic and digitalisation: A game changer**

13–13:45 pm **Life and death in the Nordic Region**

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STATE OF
THE NORDIC
REGION 2022